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WEEKLY NEWS

Dear Parents, girls and boys

Mrs Greenbody visited our assembly on Tuesday and she talked about protecting ourselves against the harmful affects of the sun. Hats, sun cream, shirts on and shade was the order of the day. The school policy is that hats are compulsory and all the junior classes have been issued with sunscreen. Children that do not have their hats on are required to stay under the shade of the verandah. Any resemblance between Mrs Greenbody and one of our teachers is purely coincidental. Thanks to her for another valuable lesson on the environment. The Sun is full of paradox, for it is warm and beautiful yet can be harsh and desiccating.

Last week there was a hive of sporting activity which included athletics in Nelspruit, MPU swimming and squash trials, the Barberton Mountain bike race, and a road race. It is incredible to see the large number of our children involved in these sporting activities, some of which are not school related. Congratulations to all those who were involved in these activities! There is a wonderful story from the Mountain bike race, where young Johnathan Fouche in grade 1 stopped to help a boy that had fallen off his bicycle. Other cyclists continued on past the boy, racing eagerly to the finish - but Johnathan helped him, as he was not just concerned with his own race. The young boy had fractured his collar bone and was in a lot of pain. Well done for this act of kindness.

The swimmers were off to Riverview yesterday for a relay gala - the results of which will be available next week. Next week Wednesday the athletics team travels to Penryn for the Independent Schools meeting. Friday is civvies day which will have a Valentine's theme. The Junior Primary Families social will start at 18h00 at the pavilion on Friday evening. This is a bring and braai and an important social event on the calendar. The PTA will be on hand in the tuck-shop serving refreshments. The annual Sports Day is next Saturday with the juniors starting at 08h00 - the seniors at 10h00. We look forward to a fun filled morning of athletics!

The Senior Primary disco will now take place on the 12 March.

A thought ahead of Valentine's Day, "Love is life. And if you miss love, you miss life." Leo Buscaglia

Have a wonderful weekend!

**Best regards,
Dave Ernstzen**

Important Notice

Dear Parents

There is a very high demand for spaces in the Grade 000 and Grade 00 classes for 2011 and 2012 - and yes - even beyond! The Wait Lists are filling up very quickly so please, if you do have children due to start school in the next couple of years, we encourage you to register them as soon as you possibly can.

HAPPY BIRTHDAY....

Luke Lourens 08/02, Devon Eaton 08/02, J.P. Visagie 09/02, Summer Clifford-Kotze 09/02, Yeonwoo Shin 11/02, Nghwazi Mkansi 12/02, Josh Karantonis 12/02, Jared Adams 13/02, Jaden White 14/02, Valentine Hlatshwayo 14/02, Aidan Mailey 14/02, **Staff:** Terry Mitchell 08/02

MANY HAPPY RETURNS OF THE DAY!

THRASS Teaching Materials

For parents who would like to have THRASS materials for home use, orders can be placed directly with PWS in Pretoria by phone (012 523 1000) or by going to their website www.pws.co.za. It is useful to have one's own chart for home use (R49.50). Information regarding other THRASS resources is also available on the website.

2009 Uplands School Magazine Magazine Sponsorship Extended!!

For further information, please email Lisa Karantonis on lisa.karantonis@uplands.co.za or call 013 751 3806.

Upcoming PTA event...

The very popular PTA Camp Out will be held on
Saturday 6 March 2010.

Please diarise this event as it is always a hit with both parents and children.

- Camping permits will be available for purchase from the front office at a later date
- The cost will be R100 per family per tent site
- Fun Day/Night "Tennis Court Cricket" Tournament
- Fires and coals will be supplied but please bring your picnic basket with braai packs, salads/rolls crockery and cutlery

More details to follow. Watch this space!

Individual Achievements...

SINGING

CHENAS AYERS

Sang at 4 Christmas Carols and opened the famous group "Romanz's concert at age 6. she sang "If I were a butterfly".

VAN WETTENS NIGHT RACE

The following children took part in the 5km race and completed it:

RANDY KHOZA, DYLAN SMART, DYLAN AND MIKAYLA NORTJE, TAMZYN EMERY AND SKYE CLARKE

BARBERTON MOUNTAIN BIKE RACE

10KM

JESSICA SCANNELL, JOHNATHAN FOUCHE, SAFFRON VOSLOO, ANDREAS KUHN, MICHAEL DAVIS, RYAN CLARKE (4TH OVERALL), SKYE CLARKE

45KM

MURRAY JAMES

competed in the U18 section of the mountain bike race. Murray completed the race but he is only 11years old!

SKIING

ROBERT FERREIRA

1st place in Urkunde (Ski School) Kinderschischule in Maria Alm, Austria last month.

SQUASH

The following children took part in the Mpumalanga Squash trials held this past weekend:

DAEGAN OOSTHUIZEN

was placed 7th in the U13 age group

TAPIWA TARWA

was placed 17th

NDUMISO NOPOTE

was placed 13th in the U11 age group

CAID JACOBSZ

UNISA MUSIC EXAMS

JESSICA BAKKEN

Piano Gr3 – passed with merit

SAVANNAH HUMPHREYS

piano pre Gr1 – passed with distinction

LARA HARE

Piano pre Gr 1 – passed with distinction

BEVAN CARLSE

Piano pre Gr1 – passed with distinction

ANAIS VAN VUUREN

Piano pre Gr1 – passed with distinction

FEBE TOBING

Piano pre gr1 – passed with distinction

SANTENAY AYERS

Piano pre Gr1 – passed with distinction

CHRISTINE WILLIAMSON

Piano Gr1 – passed with merit

MOMS IN TOUCH

1 John 4:10 New Living Translation

"This is real love - not that we loved God, but that He loved us and sent His Son as a sacrifice to take away our sins."

A group of moms from both the Prep and the College have been meeting weekly to pray for matters concerning the Prep and College staff, children and families for over 10 years. We meet together on a Thursday morning from 7.30 - 8.30 at the **Prep Pavilion**, to pray together and to enjoy a cup of coffee or tea. Compassion and confidentiality is required. You are most welcome to join us or to contact Linda Lagerwey on 0824412675 or by email lagenwey@lafrika.com for further details.

Forthcoming Attractions...

Wed 10 Feb	12:00	Independent Schools Athletics at Penryn
Fri 12 Feb	07:45	Holy Communion
	18:00	Civvies Day in support of Child Welfare Junior Primary Families Bring and Braai at the Pavilion
	18:00	Senior Primary Disco - <u>POSTPONED</u>
Sat 13 Feb	08:00	Junior Primary Inter house Athletics
	10:00	Senior Primary Inter house Athletics

News from the Sports Desk...

Sport at Uplands is well underway. We had two teams compete at a relay gala at Penryn on the 28th of January. This was a friendly gala and no points were recorded. Our top swimmers attended the Mpumalanga swimming trials over the weekend of the 29th and 30th of January. We had fantastic results at the gala with most swimmers shaving seconds off the personal best times. The results were as follows:

A. Van Dyk	5 golds
A Smart	2 golds, 2 silvers and a bronze
A. Pienaar	1 bronze, a 4th place, two 6th places and a 7th place
A. Rood	2 golds, 5 silvers, and a bronze
D. Eaton	1 gold, 3 silvers, and a 4th place
J. Birch	1 gold, 2 bronze, a 4th place and 5th place
L. Ogg	1 silver, 1 bronze, a 4th place and a 5th place
L. van Rooyan	2 bronze, and 3 silvers
M. Bam	1 silver and a bronze

On Friday the 29th of January Uplands sent 103 athletes to an athletics meeting hosted by Nelspruit Primary School. Once again Uplands had fantastic results. The following children all received medals.

<u>Gold</u>	<u>Silver</u>	<u>Bronze</u>
J. Brotherton - High Jump	J. San Giorgio - Long Jump	J. Macgregor - 1200m
S. Manonyane - 80m	G. Spear -1200m	T. Gamedze 100m
K. James - 200m	L. van Veyeren - Long Jump	J. Ogunyemi - 60m
	M. Bam - High Jump	M. Bam - Long Jump
	K. James - 100m	C. Cordeiro - 1500m
	D. Omar - Long Jump	U/12 Relay - 4 X 80m
	D. Omar - 100m	
	K. James - 1500m	

PLEASE NOTE THAT THE INTERHOUSE ATHLETICS WILL TAKE PLACE ON SATURDAY THE 13TH OF FEBRUARY. THIS IS A COMPULSORY EVENT FOR ALL UPLANDS LEARNERS.

**Yours in Sport
Ryan McCarthy**