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WEEKLY NEWS

Dear Parents, girls and boys

We have enjoyed a wonderful week full of activities and success stories. The Interhouse relay gala was very exciting with each house leading the gala at various stages. The children cheered and clapped their team mates on throughout the morning. Webb House won the junior gala while Ogilvie emerged as the senior and overall winners. Fuller House definitely led the way in the spirit department. Well done to all the children and the staff for an exciting morning.

Last Saturday we travelled to the Kruger National Park to the athletics event at Skukuza. Having left early I thought we might see a few interesting things on the way, but alas only the regular welcome party of impala greeted us near the entrance. That did not matter as we had other business to attend to that day- athletics! What a day it turned out to be as our children climbed the medal podium at regular intervals. Uplands were determined and the athletes raced for every place with incredible success. New records were set and our children proudly wore their medals in the stands. This was one of those proud occasions when you know you are at the right school. Thank you to all the parents for your support and enthusiasm. Well done to the athletics staff for a wonderful season.

We have moved into the winter sports season now in terms of the afternoon programme. Team selection will not take place yet, but the focus is on skills and preparation for next term. We have ordered skorts (skirt and shorts combined) for the girls' netball and hockey (U9 and older). There will also be new long sport socks available soon- in a new material with white and green hoops.

On Wednesday the grade 0 and 00 children entertained their grandparents by showing off their new found skills. It is wonderful to see that special bond that only exists with Granny and Grandpa. The attendance was wonderful and it was so good to see the "older friends of Uplands" here at school. Thank you to Mrs Alexa Frost and the foundation team for this special day.

The grade 2 classes presented a thought provoking play on friendship at assembly this week. Very wise words from our little ones! The scouts were in uniform to celebrate Lord Baden Powell's birthday and Henry (a scout from Kabokweni) gave a scout's rap in celebration of the White River Pack's 50th anniversary. All three Marimba bands also played to complete an action filled assembly. Uplands will be hosting a marimba festival in May; this promises to be a very entertaining musical event.

There are three galas left this term- today at Penryn, on Tuesday at Flamboyant and on Saturday 6 March as part of the Open Day. The PTA camp out is nearing so please book your site and get those air mattresses repaired. The sites will be available from 14h00 on the 6th March.

Have a super (14) weekend!

**Best regards,
Dave Ernstzen**

Reminder:

Please do **not** park on or along the yellow line by the "big tree" that is situated to the left of Webster House as you drive in. This causes congestion and traffic builds up from cars waiting to pass.

HAPPY BIRTHDAY....

James Macgregor 02/03, Rachel Cruse 03/03, Luke de Villiers 05/03, Bobo Mashabane 05/03, Bevan Carlse 05/03, Antony Nepgen 05/03, Clem Murray 06/03, Lesego Shakwane 07/03, **Staff:** Shirley Kempthorne 02/03, Roger McCarthy 04/03

MANY HAPPY RETURNS OF THE DAY!

Individual Achievements...

SWIMMING

CAMERON DAVIS received trophy for Top Backstroke Swimmer for Waves Aquatics

CRICKET

MARK BOTHA was awarded the Best U9 Bowler trophy for Action Cricket

Congratulations to you Cameron and Mark!

Tickets for the Grade 6 and 7 production
of Alice in Wonderland
are now on sale from the front office.

Date: 10 and 11 March

Time: 18h00

Cost: R20 per person (children under 12 sit on the carpet in front)

It is "barnyard" style so bring along a picnic supper and drinks. Please ensure that you don't bring "noisy" food or drinks otherwise we won't be able to hear the children on stage easily.

We will be having a full dress rehearsal for the school on Monday 8 March. Grannies and Grandpas are invited. Tea will be served for them on Webster lawn at 10h30 and the show will begin at 11h00.

The grade 000s would like to thank Petra Mailey for the kind and generous donation of a wooden table with benches.

It is appreciated and will be put to good use.

Assistant male sports coach required.

Please contact Dave Ernstzen on 013 751 3806 or email him on dave.ernstzen@uplands.co.za for further details.

News from the Sports Desk

This past week at Uplands has been a hive of activity and masses of excitement has surrounded the campus.

We hosted our interhouse relay gala on Friday morning with temperatures soaring in high twenties and low thirties. The crystal clear swimming pool and boisterous singing from the different house edged the swimmers on to give of their best. The day started off with juniors battling it out, with some of the grade ones swimming in the first ever gala producing outstanding results. The U7 girls from Fuller established a new record of 2.15.98 for the 4x25m Breaststroke event. This team was made up of Jayla-Jade Adams, Emma Edmondson, Amani Omar and Louisa Siebel. The overall result was extremely close with Fuller in 3rd place, Ogilvie in 2nd and Webb house rising to the top with a total of 37 points.

Then it was the senior primary pupils' turn next. The competition was stiff. All the swimmers representing their houses gave it their all. The best was left until the last two events of the day with both the girls and boys ladder relays not only breaking but smashing the existing records. After checking the scores for the second time it was revealed that a calculation error was made and that we had a clear 1st, 2nd and 3rd place. The overall result placed Webb in 3rd place, Fuller in second place with only two points behind the winners of Ogilvie. The day culminated in a fun race between the Mums, Dads and Teachers. The Dads had clearly been training hard behind closed doors as they went on to beat the Mums and Teachers. Congratulations to all involved.

Saturday was an early start to the day for the athletics team happening at Skukuza Primary. The Uplands athletes or should I say CHAMPIONS really did do us proud with outstanding results throughout the day. Stay posted for further results in next week's letter.

The following children have all been selected for the Mpumalanga Aquatics team set to take place in Cape Town. Congratulations and well done for your efforts. Hard work really does pay off. We look forward in hearing of your success at SA Schools.

Anton Van Dyk, Landau van Rooyen, Annabel Rood, Devon Eaton and Ashleigh Smart.

Ryan McCarthy
Sports Co-ordinator

Uplands Prep And College Open Day Saturday 6 March 2010

09:00 to 12:00

All interested parties welcome. Please join us for tea and a guided tour of our schools.

For enquiries phone Charmaine Mahlangu at Uplands Prep on 013 751 3806, or Bev du Preez at Uplands College on 013 751 3141

Forthcoming Attractions...

Fri 26 Feb	14:00	Christian Camp at the Prep (overnight)
Sat 27 Feb	08:30	Prep Board Meeting in the staff room
Tue 02 Mar	14:00	Individual Swimming Gala at Flamboyant
Wed 03 Mar	14:00	Friendly cricket match vs Nelspruit Primary U12 at home
Fri 05 Mar	07:45	Holy Communion
	09:00	Grade 7 College Assessment at the College
	14:00	Senior Netball Workshop at the Prep (overnight)
Sat 06 Mar	09:00	Uplands Prep/College Open Day
		Uplands Relay Gala
	14:00	PTA Alan Hudson Camp Out

What the Learning Support Unit can offer you

The Learning Support Unit (LSU) provides academic and emotional support to pupils who need additional interventions to support classroom progress.

The free of charge services offered by me are Counselling (pupils and parents) and scholastic testing.

Academic interventions in the form of Occupational Therapy, Language Therapy, Remedial Mathematics, Remedial English, Language Support and the services of an Educational Psychologist are also offered. These are charged according to the fee structure of the LSU (remedial sessions only) or medical aid rates apply (services of an Occupational therapist, Language therapist or Psychologist).

The therapies take place during school hours and the advantage of this is two fold: Firstly, on site interventions allow for Multi-disciplinary input as well as collaboration between therapists and teachers, and between parents and therapists. Secondly, parents do not need to drive to therapies during school hours or in the afternoons, which usually results in missing out on valuable teaching time, or on missing out on participation in extra-mural activities at the school.

I want to welcome Paul Bruce-Brand to the counselling side of the unit. We look forward to Paul's contribution to the unit and the school.

If you have any concerns regarding your child's progress (academic, emotional or developmental), please feel free to approach me directly in my office at the LSU.

Lucretia Bell
LEARNING SUPPORT CO-ORDINATOR

MOMS IN TOUCH

Psalm 121:7,8

*The LORD will keep you from all harm—
he will watch over your life;
the LORD will watch over your coming and going
both now and forevermore.*

A group of moms from both the Prep and the College have been meeting weekly to pray for matters concerning the Prep and College staff, children and families for over 10 years. We meet every Thursday morning from 7.30 - 8.30 at the **Prep Pavilion**, to pray together and to enjoy a cup of coffee or tea. Compassion and confidentiality is required. You are most welcome to join us or to contact Linda Lagerwey on 0824412675 or by email lagerwey@iahisa.com for further details.