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WEEKLY NEWS

Dear Parents, girls and boys

This week has been "Uplands Water Week" and the school has learnt about the value and importance of water. The national slogan for water this year is "working together we can save more water". This has been integrated into the lessons this week and the pupils have also generated wonderful posters around the subject. Did you know that the average water molecule can spend 10 days in the atmosphere? Only 23% of all precipitation falls on land and South Africa receives only half the world's average rainfall! These are good reasons for us to try and conserve our use of water. Given the good rainfall we have had lately we can easily forget that we live in a relatively dry area.

The grade one pupils visited the Mbombela Soccer Stadium this week and they tell me that the grass is green. So it all bodes well for the matches hosted here in the Lowveld. They all had a wonderful excursion - thank you to Mrs Guthrie for organising the trip for our children and to all the mums for their help with transport.

The winter sports season is under way with soccer and rugby fixtures completed this week (see sports desk for results). The first round of Uplands Has Talent is complete and the next round will take place on Thursday 22 at 18h00 in the school hall. The standard of the performances is very high and I expect the judges will have a tough time selecting the best next week.

We have decided to move the civvies day to next week Friday the 23 April to avoid a clash with the very important grade 3 market day later in the term. We will be collecting pet food for the White River SPCA next Friday. The total cost for the day is R20 which includes a hotdog, cool drink, chips and a small civvies donation. Please consider our less fortunate furry friends next week to help get them through the winter.

Next week Friday is also an exeat weekend incorporating Freedom Day on Tuesday 27 April. The school will close at 12h00 and resume on Wednesday 28 with business as usual.

Green Tip of the Week: a dripping tap could waste as much as 90 litres a week. And don't let water run while shaving or washing your face. Brush your teeth first while waiting for water to get hot, then wash or shave after filling the basin.

Have a great weekend!

Best regards,
Dave Ernstzen

HAPPY BIRTHDAY....

Lisa Silinda 19/04, Charis Wadsworth 20/04, Reece Robertson 21/04, Kira Karantonis 21/04, Megan Riley 21/04, Matthew Gardiner 22/04, Daniel Bruce-Brand 25/04.

MANY HAPPY RETURNS OF THE DAY!

Individual Achievements...

SWIMMING

ANTON VAN DYK

swam in the Regional Level One Championships in Oudtshoorn 27 – 29 March. He received 2 gold medals for 50m freestyle and 100m freestyle.

IZABELLA CARVALHO and JULIO HELENA

swam in a friendly gala in Sabie for Wild Geese against other private swimming clubs. Izabella came 2nd in crawl and breaststroke and won 2 silver medals and Julio came 1st in crawl and breaststroke winning 2 gold medals.

JOSHUA BIRCH

participated in the Island Estate Extra Mile Swim on the 21st March. He swam the 3km event in 53.54 min and the mile event in 27.33 min, coming 1st and 5th respectively in his category.

MOUNTAIN BIKE RACING

EMILY MAGUIRE

took part in a 10 km race in Munnik on the 2nd April.

LOWVELD KARATE CHAMPIONSHIP

ADEN HAUSSMANN

was awarded 1 bronze medal in the KATA Senior competition and another bronze medal in the KUNITE Senior competition

CRAY ARCHDEACON

received a silver medal in the KUNITE competition

Congratulations everyone!

Uplands Festival will be held on the last weekend of May (Friday 28 May to Sunday 30 May 2010).

Please check out the Uplands Festival website, www.uplands-festival.co.za for more details.

Monkey Apple Uniform Shop will be open the day before schools goes back every holiday from 9am till 3pm to accommodate the boarders in particular. The shop remains open every Friday during term time until 3pm, even if it is the last day of term.

For busy back to school period, the shop will remain open during the holidays until 23 December 2010:

DECEMBER 2010 TRADING HOURS:

Mon/Wed/Fri 09:00 till 16:00

Closed over Christmas and New Year.

JANUARY 2011 TRADING HOURS:

3rd January till 12th January

Open every day from 09:00 till 16:00

Thereafter:

GENERAL TRADING HOURS

Mon and Wed 07:30 till 09:00 11:00 till 16:30

Fri 07:30 till 09:00 11:00 till 15:00

We are also available on an appointment basis during all school holidays on cell number 083 252 3438.

Following stock is now available from Monkey Apple:

- New sports socks for hockey and soccer
- Long grey winter trousers for boys

News from the Sports Desk...

FOOTBALL FEVER!

With the Soccer word cup less than 60 days away, Uplands really has shown a great amount of interest and enthusiasm in soccer!

The first round of fixtures kicked off on Wednesday with a few selected teams up against St Peters from Nelspruit.

The U8 teams overpowered their counterparts with both the A and B teams winning their games. The A team won seven nil and the B team won one nil.

The U9 team was up against a very competent team and lost four nil.

The U11s had a very exciting win, with three quick second-half goals and coming out on top with four goals to three.

At 15h00 the young 1st XI faced a daunting 1st XI from St Peters. At half time the boys were down one nil. They came out of the break a different team and equalised early in the second half thanks to Andreas Kuhn slotting a penalty. Unfortunately the team's fitness caught up with them deep into the second half and they were unable to convert great play into goals. The final score was one all.

A friendly reminder regarding the new soccer and hockey socks. They are now available. All boys and girls representing UPS in a fixture will be required to wear the new 'hooped' socks.

We look forward to a fantastic week of netball and soccer fixtures against Kings, Skukuza and Victory Park next week.

Ryan McCarthy
Sports Co-ordinator

Forthcoming Attractions...

Fri 16 April	07:45	Holy Communion
	18:00	Senior Primary Families Social on Webster Lawn
Sat 17 April	08:00	Eco-Schools Seminar in the school hall
Tues 20 April		Group assessment : Afrikaans
	14:00	Netball vs Kings (H) U11, U12A & B, Open A
		Netball vs Skukuza (selected teams) (H)
Wed 21 April	14:00	Soccer vs Victory Park (H) all teams
Thurs 22 April	14:00	Rugby vs College (A) 1st XV (postponed)
	18:00	Uplands Has Talent (semi-finals) in the Hall
Fri 23 April		Civvies Day - SPCA (pet food donations)
	07:45	Holy Communion
	12:00	Exeat Weekend

UPLANDS HAS TALENT

The first round of Uplands Has Talent has revealed stunning acts and amazing talent. Now all attention is focused on the semi-finals which will take place in the Prep Hall on Thursday evening 22 April. The event starts at 6pm, but the tuck-shop will open 30 minutes before with Prego rolls, hotdogs and cool drinks for sale. It will also be open during the interval.

Tickets for the show and for the tuck-shop will be available at the front office from Monday 19 April. The prices are as follows:

Entrance fee: R20 (Participants get in for free)

Prego rolls: R15

Hot dogs: R6

Come and enjoy a delightful evening and support our talented children!

Yours sincerely

Annelie Malherbe

MOMS IN TOUCH

Philippians 4: 6 - 7 NIV

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

A group of moms from both the Prep and the College have been meeting weekly to pray for matters concerning the Prep and College staff, children and families for over 10 years. We meet every Thursday morning from 7.30 - 8.30 in the **Prep Library**, to pray together and to enjoy a cup of coffee or tea. Compassion and confidentiality is required. You are most welcome to join us or to contact Linda Lagerwey on 0824412675 or by email lagerwey@ialrica.com for further details.