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## WEEKLY NEWS

### HEADS UP

*As news of Mr. Nelson Mandela's recent turn for the worst reverberated around the world, one could not but stop and reflect on the significant and enormous impact he has had on our lives as South Africans and that of everybody across the world. News agencies from across the world scampered to glean information, in fact there seemed to be general pandemonium in and around the medical facility as everybody felt heartfelt and general concern for his well-being. I was incredibly proud of the fact that a South African icon has had such an impact on our sense of morals, principles, understanding and human empathy across the world. Citizens and many, many institutions have recognized Madiba, quite justifiably for what he represents and emanates. We wish him a speedy recovery and many more years of profound influence on us all.*

*Going forward we will be focusing on themes at school which involve how to deal with bullying in schools, the environment and its importance, what it means to be a good citizen, having green weeks, what part faith and religion plays in our lives. We will also be endeavouring to obtain our Eco-Schools international green flag later on during the year. These themes amongst others will be outlined in the green term calendar from the beginning of the second term.*

*Our senior primary social will be hosted at the Pavilion on Friday evening and there will be a music quiz for parents and pupils from Grade 4-7. Enter a team on the night and jolt your memory and maybe your youth? Salads, rolls and braai fires will be provided - we look forward to sharing this evening with you and meeting our new parents. Enjoy the weekend!*

*Warm regards*

**Brett Frost**

#### Green tip for the week

The environment theme for 2011 is the 'International Year of Forests'. I am also pleased to see that our local Pick and Pay now has a recycling station as you enter the shop on the left. You can recycle things like batteries, light bulbs and printer cartridges there. Well done to them!

# **SPORT NOTICES**

I would like to this opportunity to congratulate our top Inter-house athletes once again.

## **Junior Victor Ludorum**

Ethan Scorgie & Sihle Manonyane

## **Junior Victrix Ludorum**

Valentine Hlashwayo

## **Middle Victor Ludorum**

Anthony More

## **Middle Victrix Ludorum**

Diyana Omar

## **Senior Victor Ludorum**

Pierre Naude

## **Senior Victrix**

Saffron Vosloo

Parents would have noticed that on the weekly calendar that the White River Circuit meeting has been added on for Tuesday the 8<sup>th</sup> of February. As private schools in the White River circuit we have managed to secure one lane for this meeting. A team has been selected from times and distances for this meeting from Inter-house and compared those of Penryn, Flamboyant and Kings schools. Please note that we are only able to send two athletes per gender and age to this meeting. Your child will be informed via letter from me if he/she has been selected. This meeting forms part of the 1<sup>st</sup> round of MP Schools trials.

## **Swimming Captains**

### **Swimming Captains**

Lauren Ogg

Delano van Rooyen

### **Swimming Vice Captains**

Annabel Rood

Darren Jackson

## **INDIVIDUAL ACHIEVEMENTS**

### **FUN RACE**

Skye Clarke competed in the 10km Fun Race at Barberton on Sunday the 30<sup>th</sup> January.

### **SWAZI MILE**

André Pienaar, Gr 7m took part in the Da Gama Dam Mile on Sunday. He came 11<sup>th</sup> in a time of 31:38.

### **BARBERTON 20 Km MTB RACE**

Saffron Vosloo took part and came 1<sup>st</sup>.

Kirsty Shuttleworth came 3<sup>rd</sup> in the Junior Girls category.

### **UPLANDS EQUESTRIAN SHOW**

Sara Archdeacon took part and achieved a 1<sup>st</sup> in the 50cm clear round, 1<sup>st</sup> in the 50cm bet time clear round and 2<sup>nd</sup> in the 60cm clear round and time.

### **HOUSE POINTS THIS WEEK**

3<sup>rd</sup> Webb 25 pts

2<sup>nd</sup> Fuller 37 pts

1<sup>st</sup> Ogilvie 39 pts

## NEW GARDEN NEWS

Thank you so much to all those who have e-mailed me and donated and sponsored various things for this project.

We have to remove the palm trees in the area. They are in really good condition and could be transplanted elsewhere.

Would anyone out there like to put in an offer for them? Any contribution will go towards requirements for the garden. (They will need to be dug out by the recipient)

Warm Regards

Sue Kloeck - [sue.kloeck@uplands.co.za](mailto:sue.kloeck@uplands.co.za)

## HAPPY BIRTHDAY TO ALL OF YOU....

Dominique le Roux 07/02, Lauren Ogg 07/02, J.P. Visagie 09/02, Summer Clifford-Kotze 09/02, Nghwazi Mkansi 12/02, Josh Karantonis 12/02, Danielle Kirkbride 12/02, Jared Adams 13/02, Staff: Terry Mitchell 08/02. Kristina Rubino 06/02

**MANY HAPPY RETURNS OF THE DAY!**

### REMINDER to ALL PARENTS

Please remember to swipe your MySchool cards, as every swipe does count!

Uplands is part of the national inter-school competition this year and we have a chance at winning SMART board interactive white boards!

MySchool registration forms are available from the front office. Should you already be a card holder, please could you update your profiles online.

For any further information, please don't hesitate in enquiring at the office.

## MOMS IN TOUCH

**1 John 4:10 NIV**

***“This is love: not that we loved God, but that he loved us and sent his son as an atoning sacrifice for our sins”***

A group of moms from both the Prep and the College have been meeting weekly to pray for matters concerning the Prep and College staff, children and families for over 10 years. We meet every **Friday** morning from 7.30 - 8.30 at the **Pavilion**, to pray together and to enjoy a cup of coffee or tea. Compassion and confidentiality is required. You are most welcome to join us or to contact Linda Lagerwey on 0824412675 or by email [lagerwey@iafrica.com](mailto:lagerwey@iafrica.com) for further details

## Green Term calendar Term 1-week 3

Tues	- 8th Feb	07:45	Assembly: 5E - Alison Emery
		14:00	White circuit Athletics
Wed	- 9th Feb	14:00	Athletics Meeting - Track Events - Uplands
Fri	- 11th Feb	07:45	Holy Communion
			“Civvies Day” in support of Child Welfare
		18:00	Senior Primary Disco - Hall
		18:00	Junior Primary Parent’s Social

## News from the Foundation Phase

We are very excited that our new CUB Reading Series books have arrived from Shuter and Shooter Publishers. These books are a carefully graded set of readers designed specifically with young South African Readers in mind. I am sure that our Grade 1 – Grade 3 children are going to thoroughly enjoy reading the new books in which the themes of our wonderful South African wildlife and our South African heritage are explored.

We would very much like to cover these new reading books in order to protect them from all the eager little hands that are going to hold them in the future.

If you are able to join us for a “Book covering morning”

On: Wednesday the 9<sup>th</sup> of February

At: 7:45 – 11:45

In: The science Lab

Morning Tea will be provided.

Please R.S.V.P to [alexa.frost@uplands.co.za](mailto:alexa.frost@uplands.co.za).

Thank you, as always, for your support and assistance.

Kind regards

Alexandra Frost

(Foundation Phase H.O.D)

## *A first for the Lowveld!*

Sr. Ann Richardson, author of the best selling books, Baby Sense, Sleep Sense and Toddler Sense , will host a “**Sr. Ann’s Sense-Able Baby and Toddler Seminar**” at Uplands Prep School on Saturday 5 March 2011. . Topics include: establishing healthy and sense-able routines and sleeping patterns, solving sleeping problems, nutrition and health as well as potty training and managing behaviour and discipline with love and understanding! Come and hear some wisdom with sense to help you negotiate the wonderful first few years of parenting. Not to be missed if you are expecting a baby or if you have a child aged 0 – 4 years.

Stunning goody bags, plenty of prizes and scrumptious eats, and the launch of an exciting new product!

Enquiries: Kristina: 072 376 5696: Frances 083 235 6568

## POPCORN SALE AT WOODEN SCHOOL

**We will be selling popcorn at every lunch break next week at R5.00 a packet, down at the Wooden School. Please come and enjoy!**